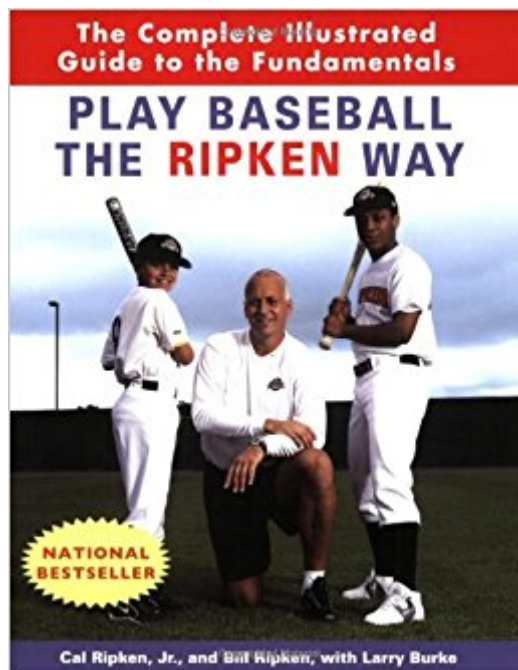




The book was found

# Play Baseball The Ripken Way: The Complete Illustrated Guide To The Fundamentals



## Synopsis

Every year, hundreds of thousands of children play "Cal Ripken Baseball" in the largest division of Babe Ruth League, Inc. Play Baseball the Ripken Way is the ultimate guide to playing the game, by one of the sport's living legends. Baseball is America's national pastime, but that doesn't mean we're all born naturals. Kids of all ages (and their parents) are eager to improve specific skills, and now they can learn from one of the most respected baseball families in history. Cal and Bill Ripken have written a thoroughly illustrated instructional book that clearly explains proper baseball fundamentals • hitting, fielding, baserunning, pitching, and much more. Based on the teachings of the late Cal Ripken, Sr., a player, coach, manager, and scout in the Baltimore Orioles system for thirty-seven years, Play Baseball the Ripken Way shows players just what they need to do to be their best while maintaining a sense of fun and accomplishment with every new lesson. The Ripken Way consists of the following principles: \*Keep It Simple: Teaching that is too complicated is difficult to remember and can result in frustration. \*Explain Why: A teacher who cannot explain why is not truly teaching. Lessons that make sense will stick with players. \*Celebrate the Individual: No two players are alike, so why treat them as if they are? \*Make It Fun: The game gets serious enough quickly enough on its own. Drills and instruction should be structured so that players can enjoy themselves while learning. The book also includes tips for parents and coaches, practice workouts, and drills for players of every level. From the Hardcover edition.

## Book Information

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Age Range: 11 - 15 years

## Customer Reviews

This book is the next best thing to a personal lesson with the man who broke Lou Gehrig's record of playing in 2,632 consecutive games; it's a comprehensive look at all aspects of how to play baseball that will benefit young players and adult weekend warriors. Assisted by his brother Bill, who also is a Major League veteran, and Sports Illustrated baseball editor Burke, Ripkin presents the training philosophy taught to him by his father, a legendary scout for the Baltimore Orioles. The book's nine chapters, or "innings," offer clearly detailed, precisely illustrated (by photographer Bill Wood) and incredibly helpful advice on all aspects of batting, base running, infielding and outfielding. The best are the chapters on catching, where Ripkin provides numerous insights into how a catcher can be "a true on-field manager," and on pitching, where Ripkin relies on the insights of John Habyanas, a former player and current pitching guru. He also offers short "Cal's Corner" sidebars with teaching tips. Perhaps the most helpful chapter is the "9th Inning" look at how managers need to examine "behavior issues" in the same way as catching and throwing to help players "cope with their failures and their losses." Copyright © Reed Business Information, a division of Reed Elsevier Inc. All rights reserved. --This text refers to an out of print or unavailable edition of this title.

“The Ripken brothers' dedication to kids and youth baseball is undeniable and this book is a great example of how much they love the game. I couldn't think of anyone more qualified to teach kids, parents and coaches than Cal and I strongly recommend this book to anyone who wants to learn how to play the game the right way|The Ripken Way.”-Alex Rodriguez, 2003 American League Most Valuable PlayerFrom the Hardcover edition.

Great tips and lessons.Good for players just beginning to more seasoned athletes- something in here for everyone.Glad we have taken advantage of the Ripkin knowledge and love of the game by purchasing this valuable tool

When I got the opportunity to coach an upper level little league team I had my doubts as to my qualifications. After reading Cal Ripkin's book, I felt like I had the background to do the job. He covers almost every subject a coach needs to be familiar with and focuses on sportsmanship and fun. Thanks to Cal's book, we had a great season, won a few games, and had a ton of fun.

Great handbook with some great ideas for stations.

Great Instruction baseball book

This book is intended for coaches of kid pitch baseball (ages 9 and up). I was looking for information for coach pitch and lower, this books provides some drills that can be used at ages 8 and under but again it is geared for kids 9 and up.

A great instruction manual for all coaches and dads.

Would love to see a rewrite of the book with the object teaching kids how to play and improve their game.

Awesome book. Great tips.

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